

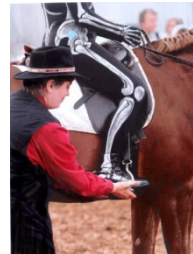
Biltmore Equestrian Center is proud to announce the return of Susan Harris to teach a **Centered Riding Instructor Update course on July 18-21, 2020** in Asheville, NC. We're also hosting an **Alexander Technique workshop on July 17, 2020** with Idelle Packer. This will allow you to get all of your AT continuing education hours in one day.

Susan E. Harris is an international clinician, riding teacher, equestrian author and artist from Cortland, New York. She has taught all seats and styles of riding, and has trained, shown, and prepared horses and riders for competition in many equestrian disciplines, including hunters, jumpers, dressage, equitation, eventing, western pleasure and performance, saddle seat, and the pleasure and versatility breeds. Susan directed 5-H Acres School of Horsemanship, a nationally accredited riding instructor school for 10 years, taught college equine studies and physical education equitation courses, and has been active in training and establishing certification standards for American riding instructors since the 1970's. In 2004 she was honored as a Master Instructor by the [American Riding Instructor Association](#).

A Senior Centered Riding Instructor and Clinician, Susan apprenticed with Sally Swift, the founder of [Centered Riding](#)[®]. She teaches clinics in Centered Riding and in Horse Gaits, Balance, and Movement for instructors, trainers, judges, and riders of all levels and riding interests. Susan's demonstrations, "Anatomy in Motion[™]: The Visible Horse", in which she paints the bones and muscles on a live horse, and "Anatomy in Motion: The Visible Rider[™]" have been popular attractions at equine expos and clinics across North America and around the world, including EquineAffaire, Equitana Australia, the American Quarter Horse Congress, the George Morris Horsemastership Clinic at Wellington, FL, and others.

Susan Harris is the author and illustrator of popular horse books, including Horsemanship in Pictures, Horse Gaits, Balance, and Movement, Grooming to Win, the three U.S. Pony Club Manuals of Horsemanship, and the USPC Guides to Longeing, Bandaging, and Conformation. She writes a regular column in EQUUS Magazine, Commonsense Horsemanship with Susan Harris. With Peggy Brown, she produced two DVDs: Anatomy in Motion[™] I: The Visible Horse, and Anatomy in Motion II: The Visible Rider[™]. Susan designed the art for the Breyer Anatomy in Motion model horse, and has illustrated many popular horse books.

Susan's study of equine and human anatomy and movement as an artist as well as an instructor, rider and trainer, has given her a unique perspective on how horses and riders balance and move together. Centered Riding techniques can help riders discover how to use their bodies better for improved balance and harmony between horse and rider. Susan's knowledge of horse gaits and movement and wide experience in various breeds and disciplines enable her to help all kinds of riders and horses improve their balance, comfort, movement and performance. Her friendly and positive teaching style and visual approach help to make learning clear, understandable, and enjoyable for English and Western riders of all ages and levels, from 4-H, Pony Club and pleasure riders to instructors, trainers, and competitors. When not traveling, teaching or writing, Susan enjoys dressage, jumping, and trail riding.



BILTMORE™

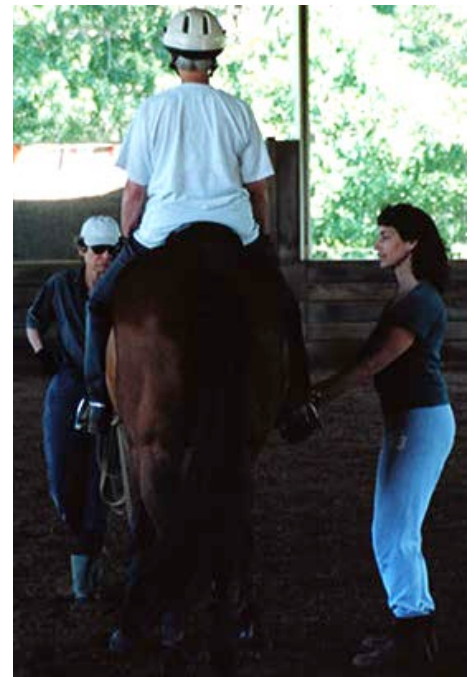
Equestrian Center



Idelle Packer, M.S., P.T., mAmSAT, graduate of Columbia University's Master of Science in Physical Therapy 1995, and recipient of its Clinical Excellence Award the same year, has a private practice, Body Sense, in Asheville that integrates the Alexander Technique with Physical Therapy assessment and treatment. She graduated from the American Center for the Alexander Technique in New York in 1979, and is a founding member of the American Society of the Alexander Technique (AmSAT).

Idelle began working with riders in Connecticut in the 80's and 90's, when Centered Riding and TEAM teacher, Wendy Murdock, and dressage competitor, BJ Fornino, came to her for lessons in the Alexander Technique. She continued to teach Alexander Technique to riders here in NC since her move to Asheville in 2000. In addition to private students, she team-taught with Tryon, North Carolina breeder, owner, rider, Bonnie Fahrner, offering Bonnie's students in Tryon lessons in the Alexander Technique on and off the horse. Idelle, too, mounted the horse for dressage lessons with Bonnie over a 2-year period while presenting her discoveries in weekend workshops at Bonnie's barn, at the Foothills Equestrian Center, and with Wendy Elwell's riding students in Asheville. Her experiences confirm the notion that while "a horse is not a chair", the principles learned while moving in and out of the chair have direct application to the experience of the rider and the horse. Idelle was keynote speaker for the International Centered Riding Symposium at Biltmore Equestrian Center, 2013.

www.idellepacker.net
idellepacker@gmail.com





Instructor Update Clinic

We can accept up to 12 updating instructors during this clinic. We will need student riders to participate in the student teaching portion of the instructor update. We generally accept half as many student riders as we have updating instructors. This means that each student rider will receive a one-hour lesson each day by a certified Centered Riding instructor as well as the opportunity to participate in the groundwork sessions and audit the remainder of the clinic.

Alexander Technique Workshop

Idelle will teach an indoor session in the morning with work on the mat as well as her stationary horse. The afternoon session will be mounted group lessons so we can put our learnings into practice on our horses.

Pricing

Instructor Participant	\$500
Student Rider	\$350
Alexander Technique Workshop	\$75

What is included in my registration fee?

Biltmore Equestrian Center is located on the beautiful grounds of the Biltmore Estate in Asheville, NC. The clinic will take place in our indoor arena which will provide a welcome respite from the summer heat. We have plenty of stabling available to guest horses with options listed below. Lunch each day is included in your registration fee and we'll also have hot and cold beverages and snacks available throughout the day. In addition to the groundwork and your assigned riding times, you are encouraged to audit the other participants' rides.

Additional fees:

Stabling in the Event Barn (near outdoor arena; a short walk or trail ride to indoor): Matted dry stall. Please provide your own mucking equipment, water and feed buckets, and your own feed and hay.	\$50/night \$9/bag of shavings
---	-----------------------------------

Event Paddocks (near outdoor arena; a short walk or trail ride to indoor): small turnouts fenced with Equibraid electric fencing, adjacent to the event barn.	\$50/night
---	------------

Stabling in Guest Barn (approximately ½ mile from main BEC complex): Includes stall with pine shavings. BEC staff will muck and replenish bedding; please provide your own water and feed buckets and bring your own feed and hay.	\$50/horse/night
--	------------------

Paddocks (approximately 1/3 mile from main BEC complex): Paddocks are approximately ¼ acre fenced with Equibraid electric fencing. Please provide your own water and feed buckets and bring your own feed and hay.	\$30/horse/night
---	------------------

Instructor Update: Saturday-Tuesday, July 18-21, 2020
Alexander Technique Workshop: Friday, July 17, 2020

Biltmore Equestrian Center, Asheville, NC

This clinic will focus on Centered Riding basics as detailed in the popular equestrian books by Sally Swift. All disciplines welcome.

PARTICIPANT NAME: _____ PHONE: (____) _____

ADDRESS: _____ CITY/ST _____ ZIP _____

EMAIL (**PRINT!!**) _____

EMERGENCY CONTACT: _____ PHONE: (____) _____

Participation Type:

Updating Instructor	\$500
Student Rider	\$350
Alexander Technique Workshop	\$75

Food: Lunch provided to clinic participants and pre-registered auditors each day.

Lodging: The Village Hotel on Biltmore Estate offers a special rate to our BEC guests. Call 866-779-6277 for reservations and mention Biltmore Equestrian Center.

Stabling: Stalls or paddocks, overnight camping, contact Biltmore Equestrian Center, 828-225-1454, to reserve. Stalls \$50/night dry or full-service; paddocks \$50 or \$30/horse/night.

\$ _____ PARTICIPATION FEE FROM ABOVE

\$ _____ DEPOSIT (Minimum \$100 in US\$ for with-horse participant)

\$ _____ TOTAL DUE (in US\$) -- paid by July 17, 2020. Full refund if we can replace you. Check riding skill level, both flat and jumping:

- Flat work: beginner to intermediate: ; intermediate to skilled: ; advanced: ; or list dressage level _____
- Jumping: none: ; some, under 2'6": ; comfortable above 2'6":
- Please list primary discipline: _____

Please make checks payable to: **Biltmore Equestrian Center**

We also accept all major credit cards: Number: _____ Exp: _____

VIC: _____ Amount to be charged to card upon receipt: \$ _____ Remainder to be charged on 6/18/20

Mail to: **Biltmore Equestrian Center**

**1 Biltmore Estate Drive
Asheville, NC 28803**

Send registration with SIGNED LIABILITY and Coggins current through July 22, 2020

Questions? Elizabeth McLean at 828-777-9198; or e-mail: emclean@biltmore.com

BILTMORE™

Equestrian Center

NAME(S): _____

ADDRESS: _____ CITY, ST, ZIP _____

EMERGENCY CONTACT: _____ PHONE: _____

Email: _____

Assumption of Risk and Release

In consideration of receiving permission from Biltmore Equestrian Activities, LLC, and its management agent, the Biltmore Company, d/b/a Biltmore Equestrian Center ("Biltmore") to participate in or observe horseback riding lessons or other equine activities and in further consideration of receiving permission to enter upon the premises of Biltmore or other premises upon which Biltmore's riding lessons may be conducted, the undersigned on his or her own behalf and as parent and/or guardian acting on behalf of any minor listed below hereby forever releases, acquits, dischargers and agrees to hold harmless Biltmore, Biltmore Farms, LLC (which permits certain Biltmore trail rides on its property), and their respective related companies, shareholders, directors, officers, employees and agents, any owners of horses located on the premises on which the equine activities occur, of and from any and all liabilities, claims, loss, damage, illness, injury, or death that may be sustained by any or each of the undersigned while in on or upon the premises of Biltmore or Biltmore Farms, LLC, while participating in or observing the riding lessons or other equine activities.

The undersigned acknowledges that there are certain risks inherent in participation in equine activities including (i) the propensity of an equine to behave in dangerous ways that may result in injury to the participant: (ii) the inability to predict an equine's reaction to sound, movements, objects, persons, or animals: (iii) the possibility of equipment failure and (iv) hazards of surface or subsurface conditions, and notwithstanding these risks, the undersigned desires to engage in or observe equine activities at Biltmore and assumes any risk of loss or injury arising from such activity, even loss or injury resulting from the negligence of Biltmore other than gross negligence or wanton or willful misconduct.

The undersigned hereby acknowledges that the undersigned has read the above and executes this Assumption of Risk and Release voluntarily.

By:

Participant Signature/ or Signature of Parent or Guardian of person under 18

Print Name of Signer and of any Person under 18 for whom the Signer is Acting

Date

One Biltmore Estate Dr. ▪ Asheville, North Carolina 28803 ▪ 828-225-1454 ▪ Fax 828-277-4486

www.biltmore.com

Susan E. Harris Clinic Release and Hold Harmless Agreement

WHEREAS, the UNDERSIGNED acknowledges the inherent risks involved in riding and working around horses, which risks include bodily injury from using, riding or being in close proximity to horses, among other risks, and further, that both horse and rider can be injured in normal use or in horsemanship instruction and schooling;

IN CONSIDERATION, therefore, for the privilege of attending or participating in a Susan Harris Clinic, taking lessons and/or working around horses with Susan E. Harris, the Undersigned does hereby agree to hold harmless and indemnify Susan E. Harris and further release her from any liability or responsibility for accident, damage, injury, or illness to the undersigned or any horse owned or leased by the Undersigned or to any family member or spectator accompanying the Undersigned while under the direction and instruction of Susan E. Harris. In consideration to be accepted into this Clinic, lesson or program and intending to be legally bound hereby, you agree to assume the risk of equine activities pursuant to state Law. The undersigned participant understands that equestrian activities are inherently dangerous and accepts risks involved therein (including, without limitation, the risk of injury to the participant and, death and damage or destruction of horses and other property).

Signature (if Over 18) _____ Date: _____

Signature of Parent or Guardian If Under 18: _____

Print Name of Parent or Guardian: _____

Address: _____

Phone: (____) _____ Email: _____