

Centered Riding Instructor Update Course with Peggy Brown

🌀 March 14–17, 2024, in Asheville, NC 🌀

Peggy Brown is a Level IV Centered Riding and Centered Driving Clinician from Toledo, Ohio. She holds a Bachelors degree in education and has trained horses and riders for more than 30 years at her Walnut Hill Farm stable. Peggy's strong belief in good foundation training and the application of physical education techniques to riding and driving has helped her students succeed at both the local and national championship levels.

A versatile clinician, Peggy has joined with Susan Harris to present clinics and demonstrations in Centered Riding, Centered Driving, Anatomy In Motion, safety, instructor training, and horsemanship around the world. She is certified with the American Riding Instructor Association (ARIA) as an Instructor Educator and Expert Instructor in multiple disciplines, and serves on ARIA's Testing Staff. Peggy and her horse Ulie competed in western, hunt seat, jumping, dressage, and driving competitions, and were long-listed with the United States Equestrian Team for three years in Advanced Combined Driving. Peggy has published articles in several equine magazines including *The Whip* and *The Chronicle of the Horse*. In 2005, she was honored as Riding Instructor of the Year by ARIA.



As a clinician and teacher, Peggy helps riders learn more about their own bodies, how the rider's body affects the horse's body, and how riders can use their bodies in ways that allows clear and balanced communication with their horse. She has developed groundwork and dismounted exercises for riders to improve their performance in the saddle and in driving.

In addition to being an accomplished whip, pleasure driving competitor, advanced combined driving competitor, and driving instructor, Peggy has pioneered the application of Centered Riding principles and methods to Centered Driving, resulting in greater safety, communication and harmony with the horse, and enhanced performance and enjoyment. She has also been instrumental in developing an improved harness saddle which enables horses to experience more freedom and better movement.

Peggy's goals include helping improve the performance and comfort level of horses by helping riders, no matter what their age or body type, begin to see themselves as athletes, using their bodies wisely to improve riding skills, prevent injury, and to continue a lifelong pursuit of the sport of riding and driving.

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Equestrian Center



REGISTRATION

INSTRUCTOR UPDATE	\$500
STUDENT RIDER	\$250

WHAT IS INCLUDED IN MY REGISTRATION FEE?

Biltmore Equestrian Center is located on the beautiful grounds of Biltmore Estate in Asheville, NC. The clinic will take place in our indoor arena. We have plenty of stabling available to guest horses with options listed below. Your registration fee includes lunch daily, plus hot and cold beverages and snacks throughout the day. In addition to the groundwork and your assigned riding times, you are encouraged to audit the rides of other participants.

ADDITIONAL FEES

LEASE HORSE	\$200
HORSE STABLING IN THE EVENT BARN <i>(Near outdoor arena; a short walk or trail ride to indoor arena.)</i> Matted dry stall. Please provide your own mucking equipment, water and feed buckets, and your own feed and hay.	\$50/night \$10/bag of shavings
EVENT PADDOCKS <i>(Near outdoor arena; a short walk or trail ride to indoor arena.)</i> Small turnouts fenced with Equibraid electric fencing adjacent to the event barn.	\$50/night
STABLING IN GUEST BARN <i>(Approximately 1/2 mile from main BEC complex.)</i> Includes stall with pine shavings. BEC staff will muck and replenish bedding; please provide your own water and feed buckets and bring your own feed and hay.	\$50/horse/night
PADDOCKS <i>(Approximately 1/3 mile from main BEC complex)</i> Paddocks are approximately 1/4-acre fenced with Equibraid electric fencing. Please provide your own water and feed buckets and bring your own feed and hay.	\$30/horse/night

Please register for the clinic at biltmore.com/equestrian-center/events.